

What is TTC's All-Star Cheerleading?

The sport of All-Star Cheerleading has grown immensely in the past 20 years. In the past, All-Star teams were typically made up of athletes who were only interested in finding a way to improve their skills so that they would have a better chance of making their high school or college cheer teams. However, as the sport developed and grew stronger, athletes began to recognize that All-Star Cheer provided a way to focus more on teamwork and athleticism and less on pom poms and decorating lockers; the sport began to separate itself from the traditional stereo- types. Cheerleading is no longer a popularity contest; it has become an extremely competitive sport.

Teams and athletes now focus on gymnastics and acrobatic moves. TTC's teams will typically be comprised of 18-25 athletes with a variety of skills and abilities. The coaches create a competitive routine performed by the group that has elements of tumbling, stunting, jumping, dance, and other skills set to music. The routines are typically 2 ½ minutes in length. Our Yth. and Sr. teams are divided by age and ability level.

All-Star cheerleading is a great way for young athletes to learn new skills and develop an understanding of the importance of teamwork, goal-setting, and sportsmanship. They will also develop many valuable social skills while making lifelong friendships.

Tryout Procedures

Please do not stress! Our tryouts are as relaxed as possible, and the vast majority of athletes will make a team.

1. Read through this packet carefully. All Star Cheerleading is a select sport and requires a large time and financial commitment. Please make sure you understand the commitment.
2. Fill out the Candidate Information Form and return it with a check made out to The Tumble Club (\$15 for returning cheerleaders, \$25 for new members) for your tryout fee.
3. All candidates must show a \$0 balance on their TTC account from previous commitments to be eligible to try-out for the 2010-2011 season.
4. Try-outs may be conducted in a group setting or one on one.
5. Once you have been placed on a team you will need to make arrangements to take care of your **\$350 deposit**. This money will go towards your entry fee's for the upcoming season. If this deposit is not paid by the deadline (August 31st) your name will be taken from the roster.
6. On Mon., **August 2nd**, we will be sized for uniforms! Payment for the uniform will be due the day your child gets sized. Parents from the previous year, who are wanting to sell their old uniform, will be invited to come that day. If you find a used uniform from one of these parents, that fits, you are more than welcome to purchase it from them at half price. If not, you will need to purchase from the Varsity rep., Ronnie, for a brand new uniform. Last years uniforms ran between \$235-\$285. Itemized list to come....



*** If you are placed on a squad and at any point you choose to quit, any fees previously paid are non-refundable and the athlete will not be permitted to tryout for any TTC team the following season.

Program Costs (Look What's New)

Competitive cheerleading, while not as costly as some youth activities, can still be an expensive sport. Entry fees for competitions alone are hundreds of dollars a year per athlete. Before you consider this or any other program, please carefully consider the financial commitment involved.

At TTC we are as up-front with our costs as possible. We offer three separate payment plans for you to choose from. The first plan will save you 15% off of your tuition by making one payment of the program fee plus your \$350 down payment for entry fees.

The second payment plan saves you 5% off of the tuition by making three equal installments in August, October, and December.

The final plan allows you to pay off the program fee over the entire 9 month period of August through April. Everyone who chooses the monthly plan must sign up for the automatic draft payment. This is a direct deposit program that will conveniently charge your bank account or credit card on the 1st of each month without you having to write a check each and every month. You will know exactly how much will be charged, and when it will happen.

Monthly Tuition Rates:

Sr. Cheer Team: Yth. Cheer Team:
 \$145/month \$95/month

All Level Dance Teams:
 \$95/month

Double Teamers (ex. One Cheer Team and One Dance Team):

Sr. teams: \$195/month Yth. Teams: \$150/month

These amounts do NOT include:

- * *Uniform Costs*
- * *Entry fees (this will be prepaid during the 1st month of the season- \$325)*
- * *Sr. Choreography fees (\$115) Yth music fees (\$15) Due in September*
- * *USASF Membership fee (\$25) Due in November*
- * *Travel expenses (most competitions are local and do not require an overnight stay)*

TTC's program is a 12 month program that runs year round:

August-April: Mandatory Team Practice

May-July: At least one tumble class per week!!! However, you may take as many classes as you would like: tumble, stunt, jump, dance, cheer camp, etc...

The tuition portion of your "cheer" fee covers regular team practices, one tumbling class per week, and extra practices when needed. If you are only on the Dance team, but would like to take a tumble class as well, the class is discounted to \$35 per month. Tuition will not be prorated for holidays or weeks without all star practices.

If an athletes account falls 30 days past due, the athlete will be removed from the competition routine and will not be allowed to participate in practices or any other TTC activities until payments are made.



Tentative Dates for Competitions that Coaches will choose from:

Spirit Celebration, Cowboy Stadium, Nov. 7th
NCA, Allen Event Center, Nov. 6th & 7th
Spirit Celebration, UNT, Nov. 13th & 14th
UCA, Dallas Convention Center, Dec. 5th
Spirit Celebration, Garland SEC, Dec. 11th 12th
ACA, Ft Worth Con Center, Jan. 15th
American Champ, Ft Worth Con Center, Jan. 22nd
Spirit Celebration, CGA, Ft Worth Con Center, Feb. 12th -13th
Cheer Power, Moody Gardens Beach, Galveston, April 16th
Cheer Power, Sea World, San Antonio, April 17th



Tryout Information

We try to make the tryout process as low-stress as possible. During the tryout, the athletes will work side by side with other athletes who are interested in becoming a part of the TTC program. They will be given an opportunity to demonstrate the skills that they already have. We will ask to see their running/standing tumbling, jumps, and motions. We want the athletes to be relaxed, so the entire process is much like a regular class. There is a \$25 try-out fee for new candidates and a \$15 try-out fee for returning cheerleaders.

After the tryouts, the staff will meet extensively to assemble the rosters for the upcoming season. The staff will work together to come up with teams that each have the best possible chance of a successful competitive season. Group tryouts for the Sr. Team are typically held in May and individual tryouts/recruiting then takes place through out the summer.

Squad Guidelines:

1. All squad members are required to take at least one tumbling class each week over the summer break (May, June, July). Once the season starts in August, each member is expected to remain in a tumble class while on the squad. The cost is included in the monthly tuition. If an athlete does not regularly attend their classes, they may be conditioned or taken out of the routine. Tumbling classes are a requirement!



2. Although we strive to keep practice times consistent, they may change over the course of the year. Times may also be temporarily adjusted due to extenuating circumstances. Extra practices will be added around competition times. Occasionally, a last minute practice will be called. Your schedule needs to be flexible!

3. The observation area will be open during the week for parents to watch their child practice. However, the viewing areas in the gym will be **closed** on the week-ends so that the athletes can stay focused on their team and coach. If information is given out during a

week-end practice, we will send it home in letter or e-mail form. Please read all paperwork and e-mails carefully that are sent home by your child's coach!

If the viewing areas become a negative environment at any time in the year, it will be closed. This includes parents talking negatively about the team, the coaches, other parents or other team members. We will also close the observation areas if parents are interrupting the practices by coming onto the practice floor or by pulling their kids out of class early (without prior permission). We would like for you to continue being able to watch your children's week-day practices, but if this privilege becomes abused we will make all team practices private! Also, please be considerate of your voice volume while observing. In the past, our competitive parents have had a tendency to get rather loud. We want you to have fun, but do not want you to distract practice....

4. If an athlete quits a team in the middle of the year for reasons other than injury or relocation, they will not be allowed to try-out the following year and pre-paid payments will not be refunded. All resignations must be received in writing and a \$100 penalty fee will be charged to your account.



Attendance Policy: (Look What's New)

All Star Cheerleading takes a full commitment from both the athlete and the family. Due to the size of the commitment, we do not suggest participating in many other activities that will conflict with practices or competitions. If an outside activity becomes a conflict, the athlete may have to choose between cheer or the other activity. The ability of all the athletes to attend all practices maximizes the individual's and the team's ability to reach their full potential. The team coach must excuse absences in advance. Each athlete will be allowed five excused absences and three unexcused absence in a given year. Any more than three unexcused absence will be cause for dismissal from the squad. Failure to give the coach 5 days advance notice for an excused absence will result in the absence being counted as unexcused. Athletes will be conditioned for any unexcused absence or coming in late to practice. Family travel during the summer or during a major holiday will be excused with advance notice. We understand that balancing school and all star cheer can be challenging. We ask that school cheerleaders work closely with their coach and their school sponsor to reduce the amount of conflicts.

Examples of Excused Absences

Family Wedding, Birth, Death
School cheerleading
Graded School Events
Illness with high fever or vomiting
Family Vacation (with notice)

Examples of Unexcused Absences

Absence without 5 days notice
Family celebrations
Birthdays
Homework/Studying
Minor injury / illness (**you can still watch**)
Work

*We must receive prior notice of ANY missing practice or scheduled event. "No shows" are unacceptable!



To Perform Like A Champion, You Have To Practice Like A Champion!!!!

CANDIDATE INFORMATION FORM

Please fill out and return the following form with your \$25 or \$15 dollar tryout fee. You may leave it at the front desk or mail it to The Tumble Club, 2393 SW Wilshire Blvd., Burleson TX, 76028. If you have any questions, please call **817-426-5624**. Only complete forms will be accepted. Thanks!

Candidate's Name: _____ Birth Date: ___/___/___

Address: _____

City/Zip Code _____

Current Grade ___ Grade for 10-11 School year: ___ Age on May 31, 2010: _____

Parent's Name: _____ Home #: _____

Parent's Cell #: _____ Athlete's Cell #: _____

Parent's E-Mail: _____

Athlete's E-Mail: _____

Notes about restricted practices: days, conflicts with events, etc...

I have read the information packet and understand that while All Star Cheerleading is an exciting and rewarding activity, it also requires a large time and financial commitment. I have read and understand the guidelines regarding attendance and financial matters. I will fulfill these commitments throughout the 2010-2011 season. Knowing these policies, I give my child permission to try out for The Tumble Club's All-Star Cheer Program.

Parent Signature: _____

Date: _____

Signature of Person Responsible for the Account:

Date: _____

