

# Martial Arts Classes are NOW Available! @ TTC

## EMA (Effective Martial Arts) and Self Defense



FREE Introductory class!

Kids classes: ages 6-12 - 6:00 pm  
Adult classes: ages 13-Up - 7:00 pm

We Stress:  
*Respect*  
*Self Control*  
*Confidence*  
*Discipline*  
*Physical Fitness*

EMA Teaches:  
American Karate which consist of:  
Aikido, Tae Kwon Do, and Jujitsu

Instructor: Pheyland Barthen-25 years of Martial Arts Experience  
For more information please call: 432-853-7574

\$35 set-up fee / \$50 per month

Hope to see you soon!



